Assembly Guide

ASSEMBLING YOUR NEW TREADMILL (2 people required)

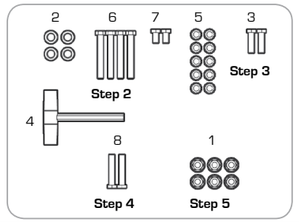
Every new treadmill is delivered in a protective box. Remove the entire protective box around the treadmill and place the machine somewhere where you can safely work around the treadmill.

Inside each box, you will find the necessary components and tools needed to assemble your treadmill.

Additional tools required are one 13 mm wrench and one Phillips screwdriver.

Required Tools

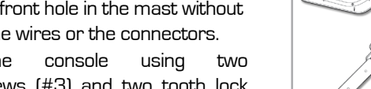
USER KIT:



Please note that your treadmill has two wheels at the front of the machine. Do not place or roll the machine on a rough uneven surface as this may damage the wheels.

Step 1:

1A) Place the treadmill base on the floor and screw in the 2 rear levelers.
If your treadmill is a model with a 3% negative incline, you will need to adjust the 2 rear leg levelers to 70mm (2.75 inches) distance as shown in the image below.



1B) Remove the motor cover by loosening the 4 motor cover screws (2 at the front and 1 on each side) with your Phillips screwdriver.

Step 2:

Attaching the Upper Frame:

2A) Insert the two frame masts carefully onto the treadmill base. Locate the data cable inside the left frame mast and pass it through the opening on the bottom left corner of the treadmill base (Note: If you remove the end ferrite it is easier to pass the cable through the gap). Attach the left mast to the base using two 65mm (#6) screws and two tooth lock washers (#5) to the front and back of the mast and one 15mm (#7) screw and one tooth lock washer (#5) on the inside of the mast. Repeat for the right side mast. Use a 13mm wrench to tighten all 6 bolts firmly.

2B) Connect the data cable to the lower board socket labeled CON6. CON6 is located in the top right hand corner of the lower board. Stick the 2nd ferrite from the end to the motor compartment using the double-sided tape already attached on it.

2C) Tighten the crossbar screws with the 5mm Allen key (#4) included in the user kit, then install the four plastic plugs (#2) to cover the holes.

Step 3:

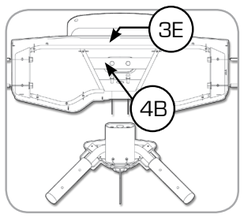
Console Assembly:

3A) Remove the metal back plate using a Phillips screwdriver. To prevent the plate from falling, remove the two back plate screws located underneath the console then hold onto the plate while removing the back screws.

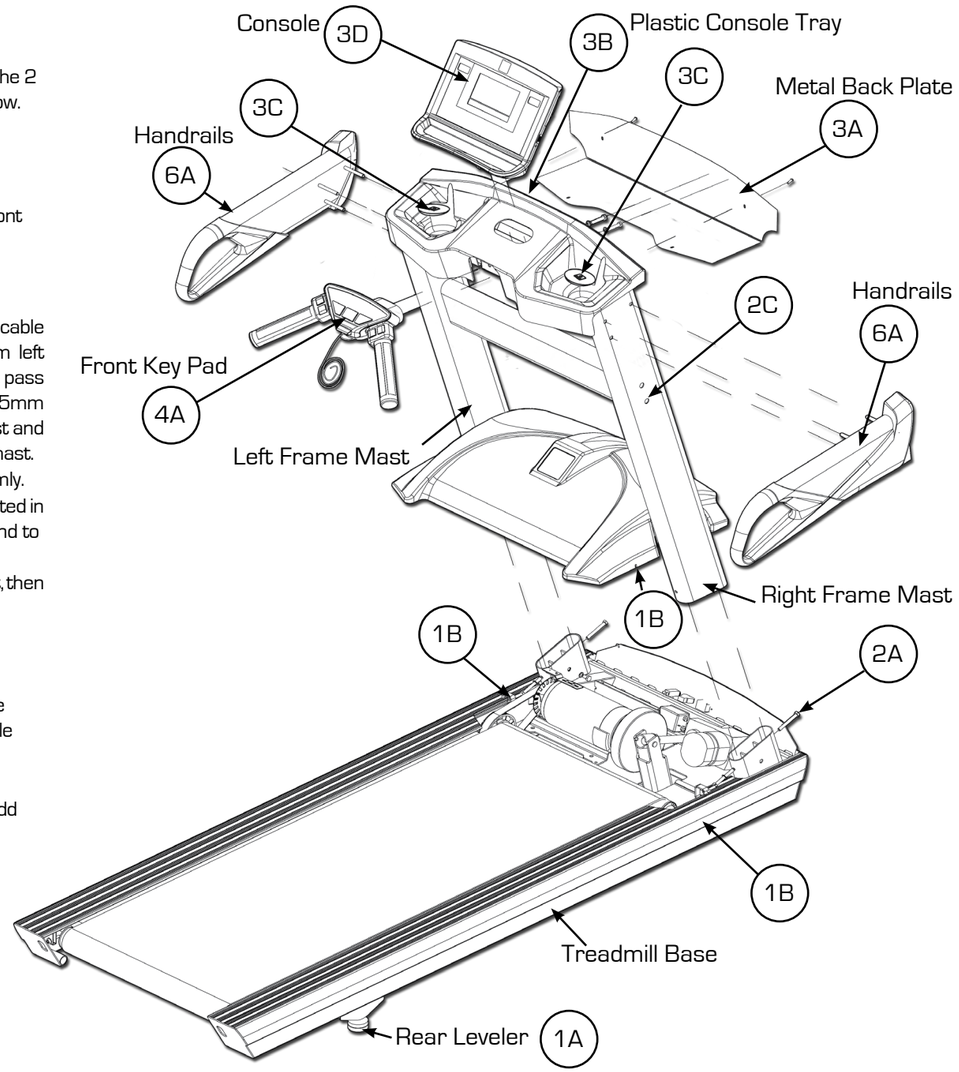
3B) Install the plastic console tray using eight (8) 45mm screws (#9)

3C) Insert the two bottle cushions (#50) into the bottle holders. These cushions add stability to water bottles while training.

3D) Insert the console mast down into its opening at the top of the unit. Be sure to carefully pass the six cables all the way through the front hole in the mast without damaging the wires or the connectors.



3E) Attach the console using two 30mm screws (#3) and two tooth lock washers (#5). Tighten firmly using a 13mm wrench.



Step 4:

Front Key Pad Assembly:

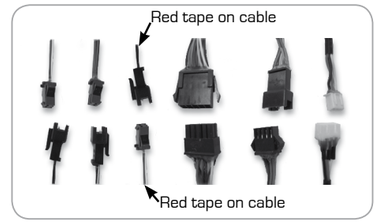
4A) Place the front key pad into position and carefully pass the five cables through the hole in the front of the frame.

4B) Attach the front key pad using two 45mm screws (#8) and two tooth lock washers (#5). Tighten firmly using a 13mm wrench.

Step 5:

Connections:

5A) There are six cable connections in total to make. Five connections are from the front key pad to the console. The sixth connection is from the console to the data cable.



Connections:

Note: Ensure the Safety Key (Reed Switch) cable with red tape from the front key pad connects to the matching cable from the console or you will have a safety key error when you try to start the treadmill.

Step 6

Attaching the Handrails:

6A) Install the two handrails by placing them into position on the frame masts. Secure each handrail with three flange nuts (#1) using a 13mm wrench. (Do not over tighten these nuts; they need to be firmly secured but do not deform the oval tubing.)

Step 7

Testing: Do not install the motor cover or back plate until testing is completed.

7A) Connect the power cord to a designated wall socket and turn the switch on.

7B) Check that the console lights up and test the various console buttons.

7C) When you are at the main menu press the JustGo button to start the treadmill belt. If everything starts correctly check the walking belt tension and adjust if necessary using the 5mm Allen Key (#4).
put your hands on the heart rate grips to see if the console displays your pulse.

7D) If you have a wireless chest strap (Polar), confirm your pulse is detected by the console. If something does not work, double check the connections.

7E) If everything tests correctly, install the motor cover and the back plate using the Phillips screwdriver. If not refer to the user manual for assistance.

Now you are ready to enjoy your new Bodyguard treadmill.

If you have any questions, do not hesitate to call your local Bodyguard dealer.
Do not forget to fill out your Bodyguard Warranty card. You can also fill it on our website: bodyguardfitness.com (Customer Service).

NOTE: Before using the machine, read the owner's manual.

***These pictures may be subject to change without notice.**

Part. no. 691104

BODYGUARD
Healthier Living

9095, 25th Avenue, St-Georges (Quebec) G6A 1A1 Canada
Telephone: (418) 228-8934 I North America: 1-800-373-2639
Fax: (418) 227-8120

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